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Vol. 19, No. 31

Agawam, Mass. —

Thursday, July 30, 1970

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DON'T CLOBBER THE POOR FISH

Who has not been moved or at least impressed with the Mass. Audubon film strip on T.V. about clobbering that poor fish, in every lake, stream & river in the U.S.?

Well, thermal pollution kills as dead as garbage, and the more power the utility companies have to manufacture, the more they heat up the water of our rivers. Think of it — each time you burn a light needlessly, or leave a fan going in an unused room, or waste hot water, you are helping to kill fish.

Have a heart! Do without!

DDT ON STORE SHELVES ILLEGALLY

STATE HOUSE — Governor Sargent today issued the following statement:

"This past winter I announced a ban on outdoor use of DDT and other persistent pesticides. At my urging, this ban was formally voted by the state Pesticide Board.

"I am disturbed at reports which continue to reach me concerning 'under the counter' sales of DDT in forms which are obviously intended for use outdoors.

"I urge any citizen who is aware of such under the counter sales to report this immediately to the Pesticide Board by telephoning 727-2863.

"At the same time I issue the following warning to any dealer or individual who engages in under the counter sales of DDT which is clearly intended for use outdoors: You run the risk of heavy fines and imprisonment.

"At my direction, the Pesticide Board is this week conducting a mass mailing which explains the new pesticide regulations. This bulletin is being sent to all Mayors, Selectmen, Local Board of Health members, conservation commission members, local insect pest control superintendents, and other interested individuals.

"In addition, I have directed the Department of Public Health to require that the statement 'Outdoor Use Prohibited' appear on the label of DDT and comparable persistent pesticides, as a condition of registration.

"Finally I urge all citizens to work for the passage of H. 5732, now in the Senate, which will make possible even stronger action by the Pesticide Board, specifically an outright ban on the sale of DDT and comparable persistent pesticides."

REGISTRAR PLEADS FOR AIR SAFETY BAGS ON STATE VEHICLES

Registrar Richard E. McLaughlin recently joined Sec. of Transportation John A. Volpe and Director Douglas Toms of the National Highway Safety Bureau by appealing to all State agencies to seek installation of automatic air bags or passive restraint devices on State vehicles, and especially on police vehicles, as a test measure of their effectiveness.

"I have personally seen much of the research and testing done on these devices," McLaughlin said, "and I join Sec. Volpe and Dir. Toms in the belief that these may be the most important single contribution to saving life and preventing injury in motor vehicle crashes since the very beginnings of the automobile."

McLaughlin explained that in addition to providing injury-free protection in 30 m.p.h. crashes, the automatic air bag (as it is commonly called) or passive restraint device will give substantial protection against side impacts and vehicle roll-overs.

Basically an air bag is a large inflatable pillow which, when not inflated, is kept tightly folded in a small box under the dashboard, on the back of the front seat, or installed in the hub of the steering wheel. When it is in place, it is not seen unless the car is involved in a collision.

When an air-bag-equipped car collides with another object with a

force equivalent to striking a concrete barrier at 8 miles per hour or more, an electric switch is triggered which sends a current to the detonator which blows the cap off the nitrogen bottle and sends air into the bag to inflate it.

The inflation takes place just as the driver and passengers are beginning to move forward and prevents a body-smashing second collision which comes when the body strikes the steering wheel, dashboard, windshield or other interior surface that causes serious injuries. The pillows support the occupants as they go forward and absorb their weight, stopping the forward motion.

The bags gently push the occupants back into their seats and in one-half second following the crash, the air bags are completely out of the way as they deflate through 4-inch holes in their sides. Thus, they do not interfere with road visibility or rapid exit from the vehicle, if it is necessary.

The Registrar, a member of the National Highway Safety Advisory Committee, said that he expects that seat belts will continue to be used in conjunction with the passive restraint devices while State vehicles are participating in this life-saving endeavor. It is expected that a new Federal vehicle safety standard will make these devices optional equipment in all vehicles manufactured after Jan. 1972 and mandatory equipment after Jan. 1973.



AMHERST, MASS. — The department of military science at the University of Massachusetts in Amherst has announced the names of 41 graduating seniors commissioned second lieutenants in the U.S. Army through the UMass Reserve Officers Training (ROTC) program. Among them are, left to right, in back row: Thomas E. Veratti of 177 Colonial Village, Amherst; Michael A. Taupier of 94 Moore St., Chicopee; and Peter S. Foote of Route 143, West Chesterfield. Second row: Steven E. Sheaffer of 10 Griswold St., Turners Falls; Joseph R. Bohne of Creamery Rd., Williamsburg; Gerald W. Stadnicki of 210 Moore St., Chicopee; and John N. Graham of Shady Ave., Westminster. First row: James W. Sonn of 724 South Main St., Athol; Robert S. Weslow of 351 Davis St., Greenfield; Edward G. Lagoy of Knightsville Dam Rd., Huntington; Lorenzo J. Sordani of 254 Maple St., Winchendon; and David M. Cleary of 15 Silver Lane Dr., Agawam.



BELLOTTI CAMPAIGN IN FULL SWING

On July 21 at the Capt. Leonard House in Agawam there was an organization meeting with many of the coordinators from the area attending.

Mr. Bellotti made a very impressive speech to his many believers stating in one instance that he never felt better about an election and if he wins the

primary he will confront Gov. Francis W. Sargent on the issues at hand.

Attending were the following coordinators: Atty. Gerald Pelegri, of East Long, Frank Churchill of Wilbraham, William White of Wilbraham, Dan Molta of Southwick, Rudy Altobelli of Agawam and many of "Bellotti Believers."

All copy for this newspaper must be typed, double spaced originals. No carbons, or items which appear elsewhere before we publish, will be considered. Deadline, Monday A.M.

Please note --
Monday A.M. deadline
for all news releases
-- not advertising

Dean's List

SPRINGFIELD, Mass. — John F. Mitchell, dean, American International College School of Arts and Sciences, has announced that 99 undergraduates attained dean's list status during the second semester of the 1969-70 academic year. Students receiving this academic honor at AIC are in the upper 10% of their class in the school of arts and sciences.

Students are: Morgan P. Conway of 320 Cooper St., Sherry A. Sausville of 54 Charles St., both of Agawam.

From Feeding Hills: Donna L. Ashton of 22 Briarcliff Dr., Ralph G. Johnson of 38 North West St. and Mark G. Brown of 466 North West St.

Urgent Appeal to Pet Owners

Dr. Margaret Petrak of the Mass. S.P.C.A.'s Angell Memorial Animal Hospital warns people not to leave their dogs or cats in parked cars during this excessively hot weather. Heat prostration can result, and cases of dogs actually dying in parked cars have been reported.

Dr. Gus W. Thornton, chief of staff of Angell, advises pet owners everywhere to be sure to supply

adequate shade for pets. If necessary, move the dog house to a shady area for the next couple of months. Be sure your pet always has free access to fresh drinking water.

Remember: Pets, like humans, will be healthier and happier if kept cool and comfortable. This is little to ask when you consider the companionship, love and protection your dog returns to you!

NURSING HOMES FIGHT AGAINST FEDERAL AXING FUNDS

More than 800 patients in Nursing Homes in the western area of the state have signed petitions which are being delivered to the Bay State delegation in Washington, urging defeat of proposed legislation which would reduce by one-third the federal matching funds for patients in Skilled Nursing facilities after the 90th day.

A total of seven thousand signatures have been gathered already by the Massachusetts Federation of Nursing Homes.

Those joining in the protest include patients at the Pine Rest Nursing Home and Hampshire Manor, Northampton; Franklin Nursing Home, Greenfield; Chicopee Nursing Home, Chicopee; Edgcombe Nursing Home, Lenox; Valley View Nursing Home, Westfield; Lee House Nursing Home, Lee; Spruce Manor Nursing Home, Springfield; Heritage Hall Nursing Home, Agawam; Amherst Nursing Home, Amherst; Convalescent & Nursing Home, Dalton; Holyoke Nursing Home, Holyoke; and Green Meadow Nursing Home, Ashfield.

Reduction of federal funds would create a "disastrous situation" with "catastrophic problems," according to Morris Sibulkin Jr., of Brookline, Federation President.

Sibulkin warned passage of the legislation would mean that the federal

government would be paying only 16 and 2/3 of the total bill for a patient in need of Skilled Nursing Service under Medicaid. "The rest of the burden would have to be borne by the state," he said.

The Senate Finance Committee will hold hearings in the near future on the proposal.

Sibulkin explained that the proposed reduction is combined with the plan to give an increase of five percent to those on Social Security and that the two ideas must be separated.

"The main concern of the Nursing Home profession is the reduction by 1/3 of matching funds after the 90th day a patient is in a skilled facility," he said.

In the Bay State, the rates are frozen to providers of service under the Title 19 program. Sibulkin pointed out, "it is unlikely the General Court will pick up the increased cost caused by passage of HR 17550. If the state or federal government will not accept this burden, then Skilled Nursing Home patient would be transferred after 90 days to an intermediate care facility.

"The Federation is interested only in giving the finest care for the lowest possible cost. We find the irresponsible approach to Skilled Nursing Home care found in HR 17550 is not the answer," Sibulkin said.

STORROWTON THEATRE

WEST SPRINGFIELD, Mass. — Howard Keel, a Storrowton favorite will star in one of Broadway's longest-running musicals, "Man of La Mancha" when the show opens at Storrowton Musical Theatre for one week, Monday evening, Aug. 3.

Keel, who portrayed King Arthur in "Camelot" and Billy Bigelow in "Carousel" at the theater-in-the-round a few years ago, will return to the Storrowton stage in his quest to conquer evil and to dream and sing "The Impossible Dream" as "Don Quixote," in the best musical production of 1966 as selected by the New York Drama Critics Circle.

In prison during the Inquisition, Cervantes pleads his case to his fellow inmates and describes his misadventures in the form of a charade. Cervantes' imagination creates "Don Quixote, Knight of the Woeful Countenance" by the Innkeeper, portrayed by Fred Major.

The plight of "Don Quixote" led Mitch Leigh and Joe Darion to compose the popular music and stirring lyrics of "The Impossible Dream." Other songs included in the musical score are: "Dulcinea," "Man of La Mancha," "Little Bird, Little Bird," and "To Each His Dulcinea" (To Every Man His Dream).

Howard Keel's portrayal of Cervantes' immortal, fictional character "Don Quixote" in "Man of La Mancha" has been well received in all of the cities in which he has played this summer.

Additional Bloodmobile date: Saturday, August 29, at Fraternal Order of Eagles Hall, 530 St. James Ave., Springfield. Hours: 11:00 a.m. - 8:45 p.m.

Edwin M. Howard, Jr., of Hamilton, is State Circus Chairman.

G.I. LIFE INSURANCE INCREASED

A bill the President signed into law last week automatically increased life insurance coverage from \$10,000 to \$15,000 for more than 3,500,000 servicemen, the Veterans Administration reported today.

The new law also covers about 1,000,000 reservists and members of the National Guard and the Reserve Officers Training Corps (ROTC).

However, these groups are protected only during certain training activities, and while they are travelling to and from training areas.

Servicemen on active duty will now pay \$3 instead of \$2 monthly for the increased \$15,000 coverage, while premiums for reservists, members of the ROTC and National Guard will be \$1.80 per year.

The law also extends from 120 days to one year the insurance of full-time servicemen who are totally disabled at the time of military separation, if their condition remains unchanged.

Reservists, members of the ROTC and National Guard are insured for 90 days after a training period, if they suffer a serious disability while training.

Insurance coverage for most servicemen continues for 120 days after separation, during which time they may convert to individual policies to continue protection indefinitely.

The life insurance program for servicemen is supervised by the VA, but is provided under a commercial life insurance policy in which about 600 companies participate.

HAMMOND ENTHUSIASTIC ABOUT WESTFIELD STATE COLLEGE EXPANSION

WESTFIELD — The special capital outlay program that has been passed by the Legislature and signed by Governor Sargent contains planned expenditures of \$1,612,000 that will "contribute immeasurably to the continued expansion and stature of the Westfield State College," State Senator George D. Hammond of Westfield said today.

Senator Hammond said the \$1,612,000 earmarked for W.S.C. has both present and future applications. "My introduction and my support of these expansion expenditures is in line with my belief that the Commonwealth must continue to develop its educational plant, and I am particularly interested in the growth of the state Colleges and the technical community colleges which afford such opportunities for our young people who might not otherwise be able to continue at one of the more expensive institutions."

Senator Hammond said the largest W.S.C. item in the special capital outlay program is \$800,000 for the plans and construction of outdoor playing and athletic fields.

The sum of \$450,000 is included for the development of plans for a physical education-health center whose projected cost is \$6.4 million.

HVAMMOND SAID HE HAS BEEN INFORMED BY Dr. Leonard Savignano, W.S.C. president, that this facility will form the basis for the new physical education major for men and women, to be offered by the college in 1971 or 1972. It also will play a role in the college's overall physical education curriculum.

The acquisition of adjacent land for nature expansion is planned for with \$200,000 in the capital outlay program, the Senator said.

"This particular expenditure is very important. Land is disappearing rapidly, and if the college is to grow it must have land upon which to place new buildings and new facilities."

Furnishings and equipment for the new student union — library building, named for the late Governor Joseph B. Ely as a result of legislation introduced by Hammond, calls for a capital outlay expenditure of \$162,000.

This building, which has cost \$3.5 million, is nearing completion and President Savignano said occupancy is planned for the fall of this year.

"In the W.S.C. we have one of the finest educational institutions in the east, ably directed by President Savignano," Hammond said.

"Growth during the past 8 or 10 years has been amazing. I can recall when W.S.C. had 450 day students and 250 students in its evening division."

THIS WEEK'S BEST BUYS FROM MASSACHUSETTS FARMS

SNAPPY BEANS ARE HAPPY BEANS ... and good quality plus low prices make happy homemakers. Produce counters this week are heavy with the fresh crop of native green beans, and prices have come down from the 59 cents-per pound of last month to a current 19 to 29 cents; reports the Mass. Dept. of Agriculture. These are fresh, snappy, top-quality green beans that are a credit to any meal.

Local growers are supplying the bulk of fresh produce right now, and green beans give an example of why they are Best Buys. Few realize the cost of simply picking farm produce. In Florida, growers pay about one dollar a bushel to the pickers, who manage about one bushel per hour; the Massachusetts minimum is \$1.65 per hour. In terms of dollars and cents, then, it cost the local farmer considerably more per bushel picked. Yet Florida beans sell for 59 cents a pound, vs. the native price of 19 to 29 cents! Native beans are fresh from the fields, fresher, snappier and tastier ... and they certainly cost much less in season.

GREEN and WAX beans were called STRING beans before the development of the current stringless SNAP bean varieties. They no longer have the stringy spine that made them somewhat unpleasant years ago. POLE and BUSH beans are all string beans. WAX beans are so-called for their waxy, yellow color. There is no difference in nutritional value between green and wax beans, but the green beans are more common. Fresh snap beans should be crisp and firm, but tender. Green beans should have a bright green color, while ripe wax beans are bright yellow on the counter. Thick, fibrous pods are over-ripe, and usually tough.

Other interesting items from nearby farms this week are green and red cabbage, beets, carrots, cucumbers, and yellow summer and Zucchini squash.

Corn is becoming plentiful in early varieties, and prices should be generally lower this week.

New potatoes — the first-of-season summer varieties — are beginning to appear from native farms. They are IRISH COBBLERS and SEBAGOES ... and hardly anyone can tell which is which.

Native FRESH PEACHES are on the way, and should be in good supply by mid-August. The New England crop is expected to be about 232,000 bushels this season, about 15 percent larger than last year.

oooooooooooooooooooooooooooo

"Today, W.S.C. is preparing for a fall enrollment of 2200 day students and 1800 evening division students."

"Ten years ago, when Dr. Savignano first became president, the college offered one major study — elementary education. Today it offers 17 majors, and the number will grow in the years ahead."

"I think that one of the most satisfying aspects of my eight years in the Mass. Senate has been the part I have played in the Legislature in the expansion of W.S.C. and the meaningful role it plays in our education today."

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Used Couch reasonable 732-1495



I'd love to go home with you. I'm at LY 8-8724

DON'T BE A LITTERBUG

ECKANKAR, SOUL TRAVEL, AN ANCIENT FAITH

Las Vegas, Nevada (LWS) — Sri Paul Twitchell, a new religious leader, who heads an ancient faith, ECKANKAR, the Ancient Science of Soul Travel, is making deep inroads on the orthodox faiths of the world.

Paul Twitchell is a charismatic, youngish man with bright China blue eyes and has a warm, friendly approach to life. He wears a baggy blue suit, blue sports cap, blue shirt, sox and sneakers, pants usually held up by a safety pin and drives a battered sports car.

He is said to have mastered the art of leaving his body and be in many places simultaneously. But he keeps himself hidden from the public, purposely, to insure privacy and time for his spiritual work in this world.

He is known to his followers as the mahanta, an ancient title of the Light-Giver, the Vi-Guru, highest of Gurus, and the living ECK Master. His mail averages approximately 10,000 letters weekly. His writings, personal lecture tours and workshops on Soul Travel are estimated to reach some 50 million people world-wide.

More than a million people around the globe, most of whom he has never seen, believe this amazing man is a living God. He is the new world spiritual leader to them. Nightly they sit in meditation whispering his name in hopes of spiritual rejuvenation.

For these people he has the ability to be in all places simultaneously. He heals and answers their prayers at vast distances. Many say he talks with them in their own homes while his physical body is thousands of miles away. He often appears to friends, by their own account, to warn them of danger.

He sleeps 4 hours nightly, reads over 6,000 words a minute and eats little. The pressure of his work keeps him from personal contact with people, except on lecture tours. He never talks by telephone.

Besides a spiritual retreat in Mexico, he maintains his headquarters in Las Vegas, Nevada, and a residence on the Pacific Coast. He has several international offices in major cities around the world. Classes in ECKANKAR exist in several hundred cities throughout the globe.

In an interview at his spiritual retreat in Mexico, mpaul Twitchell said, "ECKANKAR means Soul Travel. It is a natural religion that opens the consciousness to gain God-Realization. It is done without the use of drugs, or other artificial means. This is why many people are turning to ECK for a way back to heaven again."

It is the oldest path to God-Realization, the ability to be with God. Its teachings are sweeping Europe and gaining a foothold in this country. I predict it will be the next big movement on college campuses," Paul Twitchell said.

He adds that it has nothing to do with psychic phenomena, ESP, astral travel, table tipping, fortunetelling or yoga. It is only a path to God via Soul Travel.

Paul Twitchell turned down the Beatles in 1967, when they approached him to study ECK, because of their indulgence in smoking pot and the Hindu religion. He does not approve of drugs in any form.

When he walks on the street in a metropolitan city, hundreds of people recognize him and begin to follow. Often he will end up with a crowd of several hundred people helping him shop.

He was born on board a famous Mississippi River packet boat under a fantastic set of circumstances and raised in a small southern river town. HVE ADOPTED THE NAME OF THE FAMILY THAT TOOK HIM TO RAISE, BUT HE SAYS HIS REAL NAME IS Peddar Zaskq.

He learned ECKANKAR at an early age from an older sister who taught him out-of-body movement before he could walk. Together, they studied under Sri Sudar Singh in Allahabad, India. Later, he went into the Himalayas to study under Rebazar Tarzs, an extraordinary Master of Soul Travel.

A biography of his unusual life, IN MY SOUL, I AM FREE", by Brad Steiger (Lancer Books), is a runaway seller.

His experiences in the spiritual worlds are told in his famous book, "THE TIGER'S FANG", (Lancer Books). It is a good seller in paperback.

A recent book, "ECKANKAR, THE KEY TO SECRET WORLDS", (Lancer Books), is also a good seller.

He has published twenty-two books.

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CHIROPRACTICS 75 ANNIVERSARY

The Chiropractic profession this year is celebrating its 75th anniversary as a member of the nation's health team.

Chiropractic is that branch of the healing profession that concerns itself with the structural alignment of the spine and its relationship with the body function. The modern day doctor of chiropractic is the accepted spinal specialist concerned with problems of a spinal-related nature.

Chiropractic was established in 1895 by D. md. Palmer of Davenport, Iowa who discovered that spinal vertebra can move out of normal position and interfere with normal structure and the function of the nervous system. Today, the world's 25,000 chiropractors care for an estimated 40 million patients.

Recognition and acceptance of chiropractic as a major member of the health profession has come with the realization that alleviation of many

health problems is possible through spinal correction.

Licensed in Massachusetts in 1966 as a result of the tremendous forward progress of profession has made, Chiropractic is now an important member of the healing arts in all 50 states and in most foreign countries. It is classified by the Federal Government as one of the four major healing professions.

Massachusetts Chiropractors are proud to be members of a profession which is constantly striving through research to provide better, more efficient service in the art and science of correcting spinal problems and are constantly striving to assist in our nation's health problems.

Working in cooperation with the other great healing professions, Chiropractic has created a proud record in helping to maintain a healthier world.

Nature's Ways

DON'T BELITTLE THE THISTLE

by Wayne Hanley

Since I always have been fortunate enough not to own cattle, the thistles always have interested me.

Thistles are rough-and-ready wildflowers (or, as the dairyman might say, "weeds"). Their persistence is admirable. Indeed, nothing short of plowing a pasture and turning it into a cultivated field for two or three years can discourage thistles.

No wonder the Scots chose the thistle for a national flower: beautiful but nothing to meddle with.

Since I am a birdy sort, thistles always suggest to me the presence of goldfinches. Late July and early August, when the thistles are in flower, is the breeding season for goldfinches. The goldfinch delays nesting until it can obtain thistle down to line its nest. For this reason, the goldfinch once was known to New England farm boys as the thistle bird.

If one finally becomes a thistle fan, he will discover, alas, that despite its richness in thistle varieties, New England lacks glamour. For a true wealth of thistles one must visit the Middle East. Those snadaled Biblical prophets had to watch where they stepped. For despite the fact that the Holy Land has been ravaged by goats and munched over by camels, it has thistles galore, in all sizes and shapes. There are enough Biblical references to indicate that this always has been so.

Despite the confid3nce displayed by goldfinches, Scots and Biblical prophets in dealing with thistles, botanists have approached the lot with some hesitancy. They have found them a prickly bunch to assign to some comfortable niche in the great scheme of things known as plant systematics.

By today's standards, there are some

There will be an orientation and training session for prospective volunteers on Monday, August 31, at 7:00 p.m. at the offices of the Mass. Association for the Blind, 1618 Main St. Those interested are welcome to attend.

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Pollution, if controlled, could be beneficial. Techniques are available to: turn sewage into clean water and agricultural fertilizer; use nutrients from fertilized fields for harvesting algae for animal foods; burn household refuse for power and the recovery of scrap metal; use hot water from power plants to increase fish and shellfish production, the Mass. Audubon tells us.

Two men looked out
Through prison bars
One saw mud,
The other saw stars.



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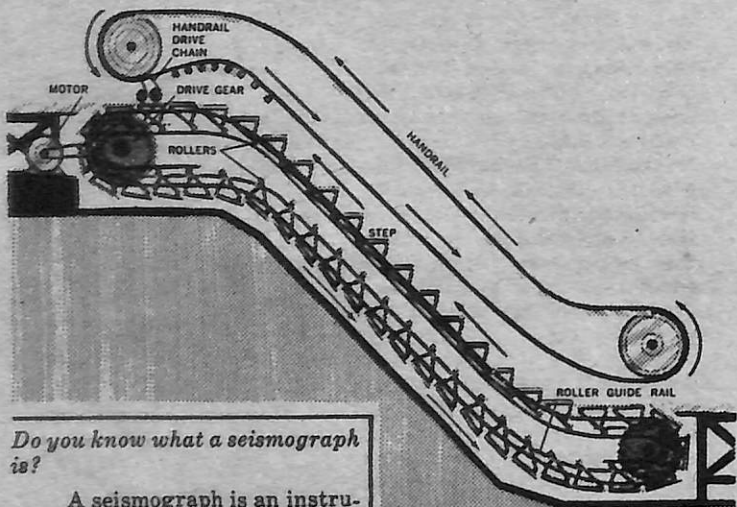
by MARTHA GLAUBER SHAPP, Editor, The New Book of Knowledge



What do you know about escalators?

The first escalator was patented in the United States in 1859. Escalators have been used in department stores, factories, and railroad stations

since the early 20th century. Later they also became popular in office buildings, airports, and passenger ships. Today they are being made and used on every continent except Antarctica.



Do you know what a seismograph is?

A seismograph is an instrument used to record earthquakes. The name comes from two Greek words—*seismos*, meaning "earthquake," and *graphos*, meaning "writing." It is really two instruments: a seismometer, which detects ground vibrations, and a recorder, which renders them visible on a permanent record.

The recorder may be several feet or even several miles from the seismometer. The two are linked by wires or some other electrical connection.

Do you know how the Amazon River got its name?

The Amazon River was named by Francisco da Orellana. In 1542 he was exploring the river from one of its tributaries all the way to the Atlantic Ocean. He and his

group were attacked by a tribe of fierce women and barely managed to escape. Orellana thought they must be descendants of the legendary Amazons, a race of women warriors who lived in Asia Minor, so he named the river the Amazon.

(For a free booklet, "The Magic Carpet," illustrated in color from The New Book of Knowledge, send name and address to Martha Glauber Shapp, Box 47, Putnam Valley, New York 10579.)

NIH THE SEARCH FOR HEALTH

A REPORT FROM
THE NATIONAL INSTITUTES OF HEALTH
BETHESDA, MARYLAND

Research Patients at NIH

"Medicine, to produce health, must examine disease." And, a corollary might add, to examine disease in man—study man himself.

Researchers at the Clinical Center of the National Institutes of Health (NIH) are doing just that. They study the sick—and the healthy—in an intensive effort to understand many common chronic diseases which each year afflict thousands.

Admitted annually to this 516-bed, combined research laboratory and hospital, are over 4,000 carefully selected patients suffering from such disorders as heart disease, arthritis, cancer, epilepsy, infectious diseases, dental, and mental illnesses. The attack on these diseases, the primary targets in our national program of health research, focuses on their basic causes, as well as better methods for diagnosis, treatment, and prevention.

Because of the unique requirements of medical research at NIH, the Clinical Center is not a diagnostic or general treatment clinic. Patients are admitted only if they have the specific kind or stage of a disease required for a certain research project. Thus finding the most suitable patients depends on the assistance of doctors throughout the world. Each prospective patient must be recommended by his own physician, who also supplies the

medical information needed for selection of suitable cases.

There are other considerations, too. The patient must be well enough to travel to the Clinical Center and must be able to pay for his own transportation. And more importantly, the patient must be prepared for a longer-than-usual hospital stay because of the amount of testing required by research. However, Clinical Center patients receive highly skilled nursing and medical care without charge.

A research patient at NIH is given every safe test that might yield a new clue in the study of his disease. The results of X-rays, blood tests, and effects of special diets, as well as comparisons of different remedies for different patients, and of test responses between healthy and sick persons provide scientists with vital information on normal and abnormal body function in their study of disease. In return, patients everywhere receive the benefits of current medical knowledge.

When his study is completed, the patient is discharged and returned to the care of his referring physician, who receives a full report on the results of his studies and treatment. Frequently, patients return to NIH periodically for brief follow-up examinations.

Write to NIH Feature Service, Bethesda, Md. 20014, for a free copy of "Clinical Center Patient Admission Procedures," Publication No. 500.

There are 2,274 million acres of land in our 50 states and Puerto Rico: 639 million acres are good cropland (less than 50% is used); 1391 million acres are not suitable for crops; 169 million acres are marginal cropland and 75 million acres have a major water problem, according to the MASS. AUDUBON.

INSPIRATION for YOUR



Think—A—Torium

There is a popular song that is rather enchanting, titled: "Love Makes the World Go Round!" As we are of the Earth and one of its coordinators, along with many other values, the EARTH'S REVOLUTIONS are of a LOVE THAT SURPASSES ALL UNDERSTANDING.

Analyze, consume and resolve.

IT'LL HELP YOUR CORNER . . . GLOW.

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Legal Notices

COMMONWEALTH OF MASSACHUSETTS
HAMPDEN SS PROBATE COURT
To WAYNE HOMER GIROUX of parts unknown.
A libel as amended has been presented to said Court by your wife CORRINE ANN PELLAND GIROUX of Agawam, in the County of Hampden, praying that a divorce from the bond of matrimony between herself and you be decreed for the cause of cruel and abusive treatment and praying for alimony and for custody of and allowance for minor children.
If you desire to object thereto, you or your attorney should file a written appearance in said Court at Springfield, within twenty-one days from the twentieth day of October 1970, the return day of this citation.
Witness, ABRAHAM I. SMITH, Esquire, First Judge of said Court, this fifteenth day of July 1970.
JOHN J. LYONS, Register
July 23, 30, Aug. 6

COMMONWEALTH OF MASSACHUSETTS
HAMPDEN SS PROBATE COURT
To all persons interested in the trust estate under the will of LORIN W. FISK late of Agawam, in said County, deceased, for the benefit of THE AGAWAM CONGREGATIONAL CHURCH, AMERICAN BOARD OF COMMISSIONERS FOR FOREIGN MISSIONS AND CONGREGATIONAL HOME MISSIONARY SOCIETY under the first clause of said will.
The trustee of said estate has presented to said Court for allowance its forty-first account.
If you desire to object thereto you or your attorney should file a written appearance in said Court at Springfield before ten o'clock in the forenoon on the first day of September 1970, the return day of this citation.
Witness, ABRAHAM I. SMITH, Esquire, First Judge of said Court, this fourteenth day of July, 1970.
JOHN J. LYONS, Register
July 23, 30, Aug. 6

COMMONWEALTH OF MASSACHUSETTS
HAMPDEN SS PROBATE COURT
To all persons interested in the petition hereinafter described.
A petition has been presented to said Court by DANIEL E. HANFORD and MARGARET FORREST PICKARD, his wife, both of Agawam, in said County, praying that their names may be changed as follows: DANIEL E. HANFORD to EARL JAMES PICKARD, JR., MARGARET FORREST PICKARD to MARGUERITE CECILIA FORREST PICKARD.
If you desire to object thereto you or your attorney should file a written appearance in said Court at Springfield before ten o'clock in the forenoon on the eighteenth day of August 1970, the return day of this citation.
Witness, ABRAHAM I. SMITH, Esquire, First Judge of said Court, this thirteenth day of July 1970.
JOHN J. LYONS, Register
July 23, 30, Aug. 6

COMMONWEALTH OF MASSACHUSETTS
HAMPDEN SS PROBATE COURT
To all persons interested in the estate of THOMAS F. BUONICONTI late of Agawam in said County of Hampden, deceased.
A petition has been presented to said Court for probate of a certain instrument purporting to be the last Will of said deceased by ELIZABETH F. BUONICONTI of said Agawam praying that she be appointed executrix thereof without giving a surety on her bond.
If you desire to object thereto, you or your attorney should file a written appearance in said court at Springfield, in said County of Hampden, before ten o'clock in the forenoon on the eighteenth day of August 1970, the return day of this citation.
Witness, ABRAHAM I. SMITH, Esquire, First Judge of said Court, this fifteenth day of July 1970.
JOHN J. LYONS, Register
July 23, 30, Aug. 6

COMMONWEALTH OF MASSACHUSETTS
HAMPDEN SS PROBATE COURT
To all persons interested in the trust estate under the will of EDWARD H. HAMBLIN late of Agawam, in said County, deceased, for the benefit of E. HAROLD HAMBLIN and others under the fourteenth clause of said will.
The trustees of said estate have presented to said Court for allowance their thirteenth, fourteenth and fifteenth final accounts.
If you desire to object thereto you or your attorney should file a written appearance in said Court at Springfield before ten o'clock in the forenoon on the first day of September 1970, the return day of this citation.
Witness, ABRAHAM I. SMITH, Esquire, First Judge of said Court, this twentieth day of July 1970.
JOHN J. LYONS, Register
July 30, Aug. 6, 13

COMMONWEALTH OF MASSACHUSETTS
HAMPDEN SS PROBATE COURT
To SIDNEY CLAUDE SMITH of Agawam, in said County.
A petition has been presented to said Court by SHIRLEY THOMAS STARK CHAPDELAIN SMITH praying for a modification of a decree of this Court dated September 26, 1969, all as more fully set forth in said petition.
If you desire to object thereto you or your attorney should file a written appearance in said Court at Springfield before ten o'clock in the forenoon on the fourth day of September 1970, the return day of this citation.
Witness, ABRAHAM I. SMITH, Esquire, First Judge of said Court, this twenty-fifth day of June 1970.
JOHN J. LYONS, Register
July 30, Aug. 6, 13

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BY POLLY BRADLEY
Mass. Audubon Society

THOR'S DIRTY BATHS

Thor Heyerdahl's discovery of oil in the midst of the Atlantic may have more permanent effect on science than his theory that the ancient Egyptians settle Central America and taught the Mayas their secrets.

Of course, Thor didn't really "discover" oil. That, I believe, means bringing in a gusher. He didn't even "discover" that there are oil slicks and floating blobs of oil strewn all over the seven seas, the result of man's pollution of the ocean. Scientists and conservationists have been pointing out that fact for some time now.

But Thor Heyerdahl has a wonderful sense of the dramatic. He announces the pollution of the seas from a most elegant papyrus boat, guaranteed to capture the human imagination. And he tells the story in the most human of terms. Other scientists may say that at least a million tons of oil are dumped, pumped, and otherwise spilled at sea every year (which they are), but good old Thor says, "It was too dirty to take a morning bath." Those are words that pack a wallop.

That million tons of spilled oil per year figure, by the way, is an estimate made by Dr. Max Blumer of the

Woods Hole Oceanographic Institution in an article, "Oil Pollution of the Ocean," in the book *Oil on the Sea*, edited by Dr. David P. Holt of the Engineering Department at Mass. Institute of Technology.

I talked to Dr. Blumer about that million tons estimate, which seems incredibly high. He arrived at it by study of ships' and ports' records of average percentages of oil lost, correlating them with known amounts of oil shipped each year, which is more than a billion tons. Dr. Blumer says, "A million tons is a conservative estimate. No one from the oil industry has questioned it."

As far as I know, the fact that at least a million tons of oil are dumped into the ocean every year made few front pages. But Thor's dirty baths made front pages all over the world.

Personally, I still think the Mayas were perfectly capable of building pyramids, inventing mathematics, studying astronomy, and learning how to write strickly on their own... the inventiveness of the human spirit is universal, old world or new... but whether his theory turns out to be right or wrong, Thor Heyerdahl is doing the world a great service by dramatizing the horror of oil pollution to the modern world as well as dramatizing his ideas about the ancient world.

Life preservers and other lifesaving devices are inexpensive items for home pool owners. However, they may prove to be the best investment of the summer should someone's life be saved.

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Lightning

The National Safety Council has warned that few are concerned over the danger of lightning.

Yet one statistician recently determined that during the April-October lightning season, the average person can expect forty to eighty bolts within half a mile. The same statistician claims more than a third of all fires in rural areas are caused by lightning.

The safest places in lightning storms are in homes, steel-framed buildings, or in an automobile with windows closed. If in the open, seek a low place, such as a ravine or ditch or lie flat on the ground.

One or more Americans are killed each week by lightning.

Horseplay is a lot of fun for youngsters and sometimes for adults, too. But around the pool, it is something to strictly avoid. The result of this is all too often an accident or even a drowning. Nothing is that much fun.

Curiosity

The key to knowledge is curiosity. The child who is curious is the one who will learn.

The curious adult is, likewise, one who continues to improve his mind and expand his knowledge as the years go by. Without curiosity—the urge to know why—there is no incentive to investigate and solve the mysteries of life.

It is often a surprise to learn that a famous intellectual is stimulated by a simple occurrence, such as the strange way a plant grows, or the odd color of a flower.

Because man wondered about the flight of birds, he learned to fly. Because he wondered about the atom and the power within, he learned to split it. Because he wondered about space, he learned how to invade it and return safely to earth. Because he wondered about the planets, he has successfully made a soft landing on the moon.



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